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Buffering: Unshared Tales Of A Life Fully Loaded



Synopsis

The wildly popular YouTube personality and author of the New York Times best seller *My Drunk Kitchen* is back! This time she's stirring up memories and tales from her past. By combing through the journals that Hannah has kept for much of her life, this collection of narrative essays delivers a fuller picture of her life, her experiences, and the things she's figured out about family, faith, love, sexuality, self-worth, friendship, and fame. Revealing what makes Hannah tick, this sometimes cringeworthy, poignant collection of stories is sure to deliver plenty of Hannah's wit and wisdom - and hopefully encourage you to try your hand at her patented brand of reckless optimism. Personal note: Hello, my darlings! I am incredibly pleased to present *Buffering: Unshared Tales of a Life Fully Loaded*! As a big fan of memoirs, I wanted to try my hand at writing about the events of my life that deserve a little more consideration than can be accomplished in 140 characters or a six-minute vlog. Now on the cusp of turning 30, I'm ready to expose some parts of my life that I haven't shared before. Before, it was all about privacy, process, and time. And now the time has come! I'm ready to put myself out there for you. I'm a little nervous about all these vulnerable words going into the world, these tales about my love life, the wrestling I've done with faith, how I feel about sex and my family and myself. I've had a lot of trials, a lot of errors, but also a lot of passion. Here's the thing: I've always found comfort in the stories shared by others, so I hope my stories, now that I feel ready to tell them, will bring you some comfort, too. And when you listen to this book, please remember: Buffering is just the time it takes to process. Enjoy! Love, Hannah

Book Information

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Customer Reviews

I finished this book in 6 hours. I couldn't put it down. When someone is singing the words to a song you thought only you knew, you can't just walk away. Many reviews have said things about how this is not what you would expect from the woman who brought us *My Drunk Kitchen*. That isn't how I feel at all. This is just what I would expect. I know from experience. Happy, fun, amusing, inspiring people come out of difficult places all the time. Many of the stories that Hannah tells in this book I could tell a version of myself growing up with a mentally ill father. Hard situations, and less than ideal upbringings don't define who we become, Hannah's story reminds us all of that. It is a hard won lesson for many, including Hannah, and including myself. This book will inspire the cynic who wants to bash "another YouTuber book" and will comfort the outcast who feels alone. It will make you laugh, and cry and feel and maybe even deal with some of the baggage you've been holding on to. It is an honest, fresh and beautiful tale of a life that has been perfectly imperfect and someone who is still coming out the other side. If you liked *Wild* for its honest tale of self discovery and coming to terms with the life you've been given, odds are you will like *Buffering* for the same. The audiobook, read by the author is fantastic, and I hope Hannah will consider adding Audio Book Narrator to her long list of jobs, she truly has a knack for it.

The level of honesty shown in this book is beyond commendable. From honesty about feelings of self worth to honesty about current financial and social status, Hannah Hart lays everything out for the world to see. Understanding this vulnerable side to a seemingly cool-calm-collected personality enables her fans to understand her struggles, and connect with her on an even deeper level. Sense of humor stems from hard times, and it is so refreshing to hear a personal, detailed account of a less than ideal childhood. I hope that one day I have the courage to put my stories out there, and am so proud of Hannah for reaching that point in her life. I was captivated through the first half, and cried through the second half. This book changed me in ways I didn't know I could be changed.

READ IT.

Listen, we all thought we knew Hannah Hart but we truly know her now. Thank you for letting us into your past, Hannah. This book is completely devastating and laced with hope and joy. My heart breaks for the world that Hannah once knew, the world that she still has to live in for her family but....I rejoice for the world she is creating around her. I cannot say how much I appreciate her ability to be earnest about the life she was born into, the life she chose to leave and the life she chooses to pursue because she knows who she is. This book is more than a book, it's a glimpse into one of our favorite comedic Youtubers who has a heart for social justice for the helpless, making a difference in

others lives and proving that diversity doesn't have to be a deal breaker.I cannot wait to take the bits of her genius and share it with my loved ones.Buffering: Unshared Tales of a Life Fully LoadedREAD READ READ AND SHARE!

I finished this book in one sitting and I can't believe it. I rarely do that. I've followed Hannah Hart since her first My Drunk Kitchen. Watching her grow into the amazing YouTube personality she is. I was so happy to watch her find success.So many parts of this book touched me in a way I wasn't expecting. I knew it was going to be about a side of her we never knew. A side of her she had no obligation to share. I didn't expect it to make my cry. And I did cry. I cried for her. I cried for me. I cried because she hit so many points I could relate to on some level. I laughed because she has a way of using humor to cope. Just like me. I'm actually taking some of her advice. I'm going to try some guided meditation to aid my own healing in regards to my mental health.I admire Hannah even more than I already did.

This book was incredible. It made me laugh, it made me cry, and it was like a comforting companion next to me on my nightstand for a couple of days. I finished it in about 5 hours. I knew that Hannah was an amazing person who was striving for, not just success, but purpose. I have been following her since the early days, so I knew all about her Hello, Harto! tour and donated to that Indiegogo and kept up with it live. I was so excited when her 50k goal was more than quadrupled...why? Because the world needs more Hannahs. Witty, sensitive, empathetic activists. The next time someone tries to say millennials are slackers or ungrateful or unwilling to do hard work, show them this book. Hannah started off cleaning toilets as a maintenance manager and is now a wealthy, famous creator of multiple types of content. She is also responsible for tons of volunteering thanks to her Have a Hart Day! annual events (now there is even a membership card!)...not surprisingly, she says this is one of the things she is most proud of, even more so than building a YouTube empire. Which did not happen by accident, by the way - she was very calculated and stuck to her guns even as producers and pitchers were trying to get her to sell, or just radically change, her idea.I hope you will read this book and go on this journey with me. I know most Hartosexuals (that's what Hannah calls her dedicated fans) will already have read this book, but I am hoping some people get to know her backwards, reading this book first and then watching My Drunk Kitchen. Because she is a fascinating person with a troubled, complex childhood first, and an adorable and entertaining drunk chef second (or maybe even third).

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